

# Lunch Menu

# NEW PALTZ CENTRAL SCHOOL DISTRICT

February 2022

Our Vision: students, staff, families, and community members are CITIZENS OF THE WORLD, PASSIONATE ABOUT LEARNING AND EMPOWERED to achieve their dreams.

Monday

Tuesday

Wednesday

Thursday

Friday



**1**  
Grilled Cheese(V)  
Ham (P) Optional  
Steamed Carrots  
French Fries  
  
Alt. Italian Combo

**2**  
Chicken Parm Sandwich  
Italian Vegetables  
  
Alt. Egg Salad

**3**  
French Toast(V)  
Sausage (P)  
Hash Browns  
  
Alt. Turkey and Cheese

**4**  
Stuffed Crust Pizza(V)  
Romaine Salad  
Fruit Juice  
  
Alt. Tuna Salad

**7**  
Popcorn Chicken  
w/ General Tso Sauce  
Seasoned Carrots  
Brown Rice  
  
Alt. Ham and Cheese

**8**  
Cheeseburger  
Alt. Veggie Burger (V)  
French Fries  
  
Alt. Italian Combo

**9**  
Mozzarella Sticks (V)  
w/ Marinara Sauce  
Steamed Broccoli  
Breadstick  
  
Alt. Egg Salad

**10**  
Soft Taco  
w/Chili,Cheese,Salsa  
Brown Rice  
Refried Beans  
  
Alt. Turkey and Cheese

**11**  
Stuffed Crust Pizza(V)  
Romaine Salad  
Fruit Juice  
  
Alt. Tuna Salad

**14**  
Chicken Tenders  
w/ Dipping Sauce  
Green Peas  
Brown Rice  
  
Alt. Ham and Cheese

**15**  
Egg & Cheese on a Hard Roll  
Home Fries  
Carrot Dippers  
  
Alt. Italian Combo

**16**  
Chicken Quesadilla  
w/Cheese and Salsa  
Whole Grain Rice  
Seasoned Corn  
  
Alt. Egg Salad

**17**  
Meatball Hero  
3 Bean Salad  
  
Alt. Turkey and Cheese

**18**  
Stuffed Crust Pizza(V)  
Romaine Salad  
Fruit Juice  
  
Alt. Tuna Salad

**21**  
**PRESIDENTS' DAY**  


**22**  
Chicken Nuggets  
w/ Dipping Sauce  
Green Beans  
Brown Rice  
  
Alt. Ham and Cheese

**23**  
Mozzarella Grilled Cheese (V)  
w/ Marinara Sauce  
Steamed Broccoli  
  
Alt. Egg Salad

**24**  
Nachos w/Cheese(V)  
w/Chili  
Refried Beans  
Brown Rice  
Fiesta Salsa  
  
Alt. Turkey and Cheese

**25**  
Stuffed Crust Pizza(V)  
Romaine Salad  
Fruit Juice  
  
Alt. Tuna Salad

**28**  
Popcorn Chicken  
w/Sweet and Sour Sauce  
Green Beans  
White Rice  
  
Alt. Ham and Cheese

**Lunch is FREE for all students during the 2021-2022 school year!**

**Menu is subject to change**

Offered daily: 1% and chocolate skim milk; all are antibiotic and BGH free

**We offer local fruits and vegetables.**

(V) designates Vegetarian option. (P) designates Pork product. (N) designates New item.  
We offer whole wheat/whole grain products



This institution is an equal opportunity provider and employer.

